

Boy Scout Sangha Buddhist Program

Middle School Level (12-15 Years Old)

The Sangha Award program aims to do this by leading the scout: 1) attain understanding and faith in the Buddha, 2) to learn the Teachings, and 3) to practice the harmonious Buddhist way to life, in the spirit of universal brotherhood of all living things. These are the dynamic aspects of the scout's complete acceptance of the Three Treasures (Buddha, Dharma, and Sangha).

Students will have two (2) years to complete the program.

| | 1) Attain understanding and faith in the Buddha | 2) To learn the Teachings | 3) To practice the harmonious Buddhist way to life |
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| Number of Hour(s) of Study and Practice | 44hrs | 18hrs | 8hrs |
| Methodology | *Online and Distance Learning (26hrs) A Final Online Presentation (15 minutes) **Online Activities Watch relevant videos and respond to their questions (18hrs) | ***Online Discussions 16 meetings (8hrs). Each runs 15 minutes. ****10 Field Trip and Report (10hrs). | *****Practice Meditation (4Hrs). *****Doing Charity Work- Helping Others (4hrs). |
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***Online and Distance Learning (26hrs):** Students will study the book “Life of The Buddha for Secondary Students.” Students will do the required readings of 64 lessons, respond to their assignments’ exercised questions, and have A Final Online Presentation (10 minutes) according to the course’s syllabus at their own pace (within two years).

****Online Activities(18 hrs):** Watch relevant videos and respond to their questions

*****Online Discussions (8 Hrs):** Students will have fourteen (14) online meetings and discussions (within two years) with Dr. Rev. Thich Hang Dat through www.zoom.us. At least once per month, students will have an online discussion that runs for 15 minutes. Schedule of online meetings will be determined by Rev. Dr. Thich Hang Dat and students.

******Field Trip and Report (10 Hrs):** Students should make ten (10) field trips (within two years) to Dr. Rev. Thich Hang Dat's center (10022 Gaines Rd., Sugar Land, TX 77498) and write their reports. Each report needs to have at least 100 words. For example, students may attend some of the Buddhist celebrations at that center to have first-hand experiences about Buddhism and interact with other Buddhists.

*******Practice Meditation (4 Hrs):** Students may practice meditation at their own pace and timeframe that should add up to four (4) hours or two hundred and twenty (240) minutes (within two years), totally. For example, students may do meditation session twice per week; each meditation session may run around 3 minutes.

*******Helping Others (4 Hrs):** To develop compassion and enhance the spirit of universal brotherhood of all living things, students should engage in at least four (4) charitable works around their community at their own pace.

Note: Each student should have a gmail account for communication with Dr. Rev. Thich Hang Dat and know how to use google drive to download the course's information and upload their responses.